

### HOP ON OVER



Hop by for one of three, free Easter Egg Hunts, Saturday, April 19, sponsored by East Pierce Fire & Rescue firefighters.

East Pierce firefighters are sponsoring three annual Easter Egg Hunts around the fire district on Saturday, April 19. All three events are free. The firefighters will be accepting food and monetary donations for the food bank.

#### Sumner

The 24th annual Sumner Easter Egg Hunt, sponsored by East Pierce Firefighters Local 3520, will be held at Sunset Stadium, 1707 Main Street. Children, ages 1 to 3, will be allowed on the field at 9 a.m. followed by the 4 to 7 year olds at 10 a.m., then the 8 to 11 year olds at 11 a.m.

#### South Prairie

Join the East Pierce Volunteer Firefighters' Association for the 57th annual South Prairie Easter Egg Hunt. The free event starts at 10 a.m. at the South Prairie City Park located at Third and Tacoma Streets.

#### Edgewood

The annual Edgewood Easter Egg Hunt, sponsored by East Pierce Firefighters Local 3520 and local businesses, starts at 10 a.m. at Edgemont Park, located adjacent to Edgemont Junior High School at 24th Street East and 110th Avenue East. Come early. Parking is limited. ■

## HOW DID WE DO? 2013 IN REVIEW



In 2013, the number of emergency calls increased by three percent to 8,519, compared to 2012.

In 2013, East Pierce Fire & Rescue career and volunteer firefighters responded to 8,519 calls for emergency services, a three percent increase in call volume from 2012. While on duty, the firefighters also participate in training, public education events, vehicle and equipment maintenance and other routine activities.

District fire stations are strategically located throughout the jurisdiction to enable a quick response. Last year, East Pierce operated 12 fire stations. Six of the stations are staffed 24 hours a day, seven days a week by career firefighters. The others include five volunteer stations and a water rescue facility located

on the north end of Lake Tapps.

East Pierce firefighters are either firefighters- emergency medical technicians (EMTs) or firefighter-paramedics, allowing them to respond to both fire and medical emergencies. In the past several years, the number of medical emergency calls has increased significantly. In fact, 74% of the 9-1-1 calls we responded to in 2013 were medical emergencies, compared to 71% in 2012 and 61% just seven years ago. East Pierce medic units transported 4,555 patients to area hospitals—an increase of 7.5 percent from 2012.

Citizens who live within the district continue to receive ambulance trans-

port by East Pierce firefighters at no out-of-pocket expense. That is a huge savings for our residents and often makes a difference in whether or not those who are in need seek treatment at a hospital.

In addition to responding to the typical fire, emergency medical and rescue incidents, select East Pierce firefighters receive extra training in four special operations disciplines that recognize the particular risks within the fire district's boundaries. These include wildland firefighting, water rescue, hazmat and technical rescue.

#### Fire Prevention

As the regional economy began to rebound in 2013, plan review and construction activity increased throughout the jurisdiction, particularly in the cities of Sumner and Bonney Lake.

East Pierce Fire personnel from the Fire Prevention Division conducted 732 plan reviews for new development in Bonney Lake, Milton, Edgewood and Sumner. The plan reviews included permits for special events, pre-application conferences, plat reviews, SEPA reviews, site plan reviews, building plan reviews and plan reviews for fire protection systems such as fire alarms and fire sprinklers.

Prevention personnel conducted 410 inspections in Bonney Lake during 2013. A total of 488 inspections were conducted by prevention personnel in Sumner, with an additional 176 inspections conducted in Milton, Edgewood, South Prairie and Wilkeson combined. The inspections were primarily related to new construction activity, existing

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## East Pierce Supplies Local Police with Life-saving AEDs

When Sumner resident David Nelson collapsed in cardiac arrest at his home last November, the first responder on the scene wasn't a firefighter. It was a police officer with an important life-saving tool—an automated external defibrillator (AED). Last year, East Pierce Fire & Rescue had outfitted all Sumner police cars with AEDs and trained the officers in how to deploy them. "Because of this collaborative effort, we have a survivor," says East Pierce Battalion Chief Jeff Moore.

East Pierce Fire recently received a \$20,000 grant from the King County Medic One Foundation to implement the final phase of a jurisdiction-wide AED program. The grant was used to purchase AEDs for the Bonney Lake Police Department. New devices typically cost between \$1,000-2,000 each. However, the district was able to leverage its purchasing power to secure the 34 AEDs.

Using grants, East Pierce Fire has been gradually purchasing and installing AEDs in all police units throughout the fire district's 152 square-mile jurisdiction that includes Milton, Edgewood, Sumner and Bonney Lake. Although there is a similar program in King County,



Sumner Police Officer Dave Strader (left) and East Pierce Battalion Chief Jeff Moore flank an AED donated by the fire district as part of a collaborative effort to place the life-saving devices in patrol cars throughout the district.

this is the first of its kind in Pierce County.

"The idea is to get the AED to the patient as quickly as possible. Since police officers are out patrolling the community, they often arrive on scene before the firefighters," says Moore. "Those extra minutes can make the difference between life and death. The chance of survival drops by 10 percent for every minute the heart goes without oxygen. Equipping police officers with an AED saves minutes

when even seconds are critical." East Pierce also provides annual training for the officers, medical direction and case reviews when the AEDs are deployed.

CPR, or cardiopulmonary resuscitation, is also a critical step in the "Chain of Survival", but Moore notes that CPR doesn't restart the heart. Instead, it keeps oxygenated blood moving to the brain and heart. "CPR buys time for the patient to be

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Postal Customer  
ECRWS



BACK SEAT BEST FOR VIKS  
(VERY IMPORTANT KIDS!)

We know big kids are eager to grow up—and that means sitting in the front just like adults. However, VIPs always ride in the back seat, and so should your kids until they are 13 years old.

“Children seated in a booster seat in the back seat of the car are 45% less likely to be injured in a crash than children using a seat belt alone,” says East Pierce Fire & Rescue Child Passenger Safety Technician Corina Charest. “Check to be sure your child is in the best seating position.”

Here are a few tips to keep your kids as safe as possible in a vehicle:

- Kids who have outgrown a forward-facing harness seat should transition to a booster seat that enables the adult seat belt to fit properly.
- When your child is seated in the booster seat, make sure the lap belt fits low across the hips and the shoulder belt crosses the shoulder.
- Never place the shoulder belt under the child’s arm or behind the child’s back.
- For the best crash protection, children who reach a height of 4 feet 9 inches before their eighth birthday and weigh between 80 and 100 pounds may be ready for adult safety belts.
- Talk with drivers who transport your kids so they understand that your child must ride in a booster seat when in their vehicle.

Use a booster seat with the vehicle lap and shoulder safety belt until your child passes the “Safety Belt 5-Step Fit Test”, which includes:

- Shoulder belt crosses between the neck and shoulder;
- Lower back is against the vehicle seat;
- Lap belt is on the thighs;
- The knees bend at the end of the seat; and
- The child can sit like this for the entire ride.

Sometimes children will meet these criteria in some cars but not in others because seat belts in cars may fit differently, so do the fit test in each vehicle.

East Pierce Fire & Fire offers free child safety seat inspections. Our certified child passenger safety technicians will check to make sure your child is in the right seat, your seat is installed correctly and your child is placed in the seat correctly. Call 253-863-1800 to schedule an appointment.

Visit [www.eastpiercefirer.org](http://www.eastpiercefirer.org) for more child passenger safety information. ■

Celebrating a Swim  
Safe Community



Learn proper lifejacket fitting and use, drowning prevention strategies and rescue techniques at April Pools Day, Saturday, April 12.

East Pierce Fire & Rescue doesn’t fool around when it comes to water safety. Last year, the fire district proudly participated in the newly-launched, multi-layered drowning prevention campaign known as “Swim Safe”. The collaborative effort involved a wide spectrum of campaign sponsors, who made a significant impact throughout our communities—in 2013, no one drowned in Lake Tapps!

- Campaign sponsors include:
- East Pierce Fire & Rescue
  - Bonney Lake Police Dept.
  - Pierce County Sheriff’s Dept.
  - Pierce County Parks
  - City of Bonney Lake
  - Cascade Water Alliance
  - Sumner School District
  - Dieringer School District
  - Sumner-Bonney Lake Aquatics Center

FREE WATER SAFETY EVENTS

Join us for our spring and summer water safety activities. Together we can make this a fun and safe summer!

**April Pools Day** - Saturday, April 12 from 1-4 p.m. at the Sumner-Bonney Lake Aquatics Center (1707 Main Street, Sumner). April Pools Day is an opportunity for families to enjoy time at the pool and learn proper lifejacket fitting and use, drowning prevention strategies and rescue techniques in case of a water emergency. Swimmers will rotate through various hands-on and engaging activities focusing on open water safety in the controlled environment of the pool.

Although this is a free event, space is limited to the first 150 swimmers. Activities are geared for children 7-12 years. Children age six and younger must have an adult accompany them in the water.

**Summer Splash-Tacular** – Saturday, July 19 from 1-4pm, at Pierce County’s Lake Tapps North Park (1715 198th Ave E, Bonney Lake) AND Saturday, August 9 at Allan Yorke Park (7203 W Tapps Hwy E, Bonney Lake). Both events are free, although Lake Tapps North Park may charge parking fees. Splash-Tacular includes shore-based activities, relays and games revolving around the hazards of our glacial-fed lakes and rivers.

Life jackets in sizes infant-to-adult will be available for purchase at all of the events for \$14 each. The wearer must be present for custom fit. Call (253) 863-1800 for more information on these events.

NEW RECRUITS  
MAKE THE CUT

In January, nine East Pierce Fire & Rescue volunteer recruits began a six-month stint at the Buckley Volunteer Fire Academy. After the fire academy, the new recruits will attend emergency medical technician (EMT) training, allowing them to respond to both fire and medical emergencies. Initial training for fire & EMS will total more than 400 hours

They are the lucky few. Last September, the fire district started with 15 men and women, selected from a long list of applicants, to attend a 50-hour orientation class. “We lose quite a few in the orientation process,” says East Pierce Assistant Chief Ed Goodlet. “It’s an opportunity to ensure that they have the commitment to complete the fire academy.”

He explains that most of the recruits who left didn’t realize the magnitude of the commit-



ment required to be a volunteer firefighter. “Volunteers help enhance our response to fire and medical emergency calls as well as assist with public education,” says Goodlet. They respond to 9-1-1 emergencies from outlying stations and when the career firefighters are busy with a significant number of calls or a large-scale emergency.

To maintain skills and proficiency, volunteers must attend weekly drills. “One of the things about fire, rescue and emergency

Calling  
All Scouts!

Each year, East Pierce firefighters facilitate numerous public education requests from scout groups trying to achieve certain badge requirements. In an effort to reach more scouts, we thought they deserved an event of their very own....Scout Night.

East Pierce Fire invites all Boy Scouts, Girl Scouts and Campfire members to join us in our first annual Scout Night event scheduled for Friday, June 6 from 5:30-8:30 p.m. at our Headquarters Station in Bonney Lake, at 18421 Veterans Memorial Drive.

Scouts will rotate through various learning stations at this free event designed to address several badge requirements. Learning stations include:

- **Home Safety:** Identify how to fix or prevent various home hazards, learn the importance of smoke alarms and when to call 9-1-1.
- **Basic First Aid:** Learn first aid basics such as how to cool a burn, treat cuts and a bloody nose, what to do if someone is choking, how to treat bee stings and identify signs of an allergic reaction.
- **Home Escape Planning:** Scouts will design a home escape plan identifying two ways out of every room, designate a meeting place, learn to crawl low under smoke and when and how to shelter in place.
- **Emergency Preparedness:** Learn why it’s important to have an emergency plan, how to assemble an emergency kit and the importance of an out-of-area contact.
- **Firefighter & Paramedic Tools, Equipment and Careers:** Get an up close look at the equipment firefighters use to stay safe and do their job and ask the firefighters why they chose their career.
- **Ropes and Knots:** Watch firefighters demonstrate various knot tying, then spend some time practicing the skill.
- **Ladder Truck:** See how tall the ladder will extend and learn about all the tools that are stored on the fire truck.

Sign up for this event today! Attendance is limited and advance registration is required.

To secure space for your scout group, call Dina Sutherland at 253-863-1800. ■

Volunteer  
Corner



medical services is that there’s a constant level of change and that translates into a lot of hours in drills and training classes,” says Goodlet.

For most new recruits, it is well worth the effort. Many use their position as a volunteer firefighter as a transition to a career in the fire service. In fact, a number of the current career firefighters at East Pierce have been hired from the volunteer ranks. Volunteer firefighters in good standing get preference points in the hiring process. “It’s still a competitive process. They have to earn it,” Goodlet says.

The fire district plans to run another application process sometime in the third quarter this year. Currently, there are 26 East Pierce volunteer firefighters, not counting the class of 2014. “It’s been a rebuilding process for us. We’d like to see our volunteer numbers to be in the 50s,” Goodlet says. ■



# HEALTH WATCH: Don't Drive Call 9-1-1

When it comes to surviving a heart attack, every second counts. A study by the American College of Cardiology reports that when the time of the onset of the attack to the time of treatment (typically balloon angioplasty) is 90 minutes or less, mortality rates fell by nearly half, compared to those with longer times to treatment.

Recognizing the signs and symptoms of a heart attack is the first step in improving survivability. Calling 9-1-1 is the second. It is, by far, the quickest way to get a heart attack victim help. That is because emergency medical care begins as soon as the paramedics arrive. They can conduct tests, administer life-saving drugs and even revive a heart that has stopped. East Pierce Fire & Rescue paramedics perform a 12-lead EKG and transmit the results to the hospital, giving the staff time to prepare for the patient to arrive.

In addition, the paramedics and emergency medical technicians (EMTs) know the quickest route to the hospital, will take the patient to the right hospital and can avoid check-in procedures and wait times.

Calling 9-1-1 instead of driving yourself, or a loved one, to a nearby emergency department can be the difference between life and

## HEART ATTACK SYMPTOMS

Not everyone having a heart attack experiences typical symptoms. The more signs and symptoms you have, the more likely that you are having a heart attack. These include:

- Chest pain or discomfort that worsens over a five-minute period;
- Shortness of breath, weakness or lightheadedness; or
- Pain in the arms, back, neck, jaw or stomach.

Women are more likely to have “non-classic” heart attack symptoms than men. The most common warning signals for heart attack in women are:

- Pain or discomfort in the center of the chest that lasts more than a few minutes, or goes away and comes back;
- Chest discomfort with sweating;
- Pain that spreads from the chest to the arm, neck, or jaw; or
- Shortness of breath, tiredness, or upset stomach.

death. Quick treatment can help limit damage to the brain or heart and increase the chance of a full recovery. According to the American Heart Association and the American Stroke Association, 50 percent of people with heart attack and stroke symptoms drive themselves to the hospital. Nationally and locally, the average time from arrival at the hospital to treatment is significantly reduced by calling 9-1-1.

What’s more, driving yourself when you are experiencing a heart attack can lead to tragic results. If you become incapacitated while you are driving, you could hurt or

even kill others on the road.

Driving a loved one to the hospital could also be fatal. If that person goes into cardiac arrest, you cannot easily provide CPR or other life-saving treatments that a trained emergency medical services (EMS) crew can provide.

More than 1 million people in the United States have heart attacks each year. Many of them don’t act quickly enough to make it to the hospital on time for help. If you think you might be having a heart attack (even if you’re not sure), call 9–1–1 immediately. When in doubt, check it out. ■



The newest East Pierce Fire & Rescue career firefighters spent January at the North Bend Fire Academy.

## EAST PIERCE WELCOMES NEW FIREFIGHTERS

For the first time in more than three years, East Pierce Fire & Rescue has hired career firefighters. In January, the fire district brought two firefighter-paramedics and two firefighter-EMTs on board. All four are currently attending the North Bend Fire Academy. They include Karl Drechsler, a volunteer firefighter-EMT from the King County Fire District #2 (Burien Fire Department); Teniel Madison, a firefighter-paramedic from the Grays Harbor Fire District #5; Firefighter Ben Paradis from the King County Fire District #28 (Enumclaw Fire Department); and Brian Sacco, a volunteer firefighter-paramedic from the Ocean Shores Fire Department.

The four firefighters were hired after a rigorous selection process. In addition to written and oral boards, the applicants had to pass a Chief’s interview. “When we hire new firefighters, we are really looking for someone who believes in our philosophy of excellent customer care,” says East Pierce Fire Chief Jerry E. Thorson. “To me, who we hire is one of the most important decisions a fire chief gets to make.”

But first, the four newest firefighters were sent to the fire academy to ensure the same level of training and certifications. “It gets them all started on a good footing,” Thorson says.

Following their graduation on April 18, they will serve an 18-month probationary period during which they will learn more about East Pierce, including studying the protocols for emergency medical responses and familiarizing themselves with all of the fire, rescue and medical equipment used by the fire district.

Each new hire will be mentored by a career officer. “Mentorship is so important for a firefighter’s long-term growth and education,” Thorson says. The mentors will rotate in order to provide a broad spectrum of experience.

Despite the new hires, Thorson says the district is still understaffed. “We are struggling to meet regulatory standards of a three-person engine company,” he says. For example, the fire district often must add a third medic unit to certain 9-1-1 calls. “That’s just to get additional responders to the scene. If we had adequate staffing, we wouldn’t have to send so many units,” he says. Sending additional units to a call means that firefighters are not available for emergency responses in their area. As the economy improves, Thorson says he hopes to hire additional firefighters. ■

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occupancy inspections, confidence testing, follow-up and business license renewal. The Fire Prevention Division staff also responded to complaints from citizens and referrals from other public agencies.

#### Training

Training and education are essential to maintaining critical firefighting, rescue and medical skills. Training provides an opportunity to upgrade skills and keep informed of new regulations and industry “Best Practices”. It allows firefighters to become familiar with equipment and procedures and work efficiently and effectively on a wide variety of emergency scenes including house fires, vehicle accidents, medical emergencies, high-angle cliff rescues and hazardous materials incidents.

Last year the Training Division provided or coordinated 24,569 hours of training— an average of 174 hours per member (or 14.5 hours per month).

Personnel receive most of their training while on-duty.

#### Public Education

The goal of the Public Education Division is to prevent injuries and deaths from fires, drowning, medical emergencies and other preventable causes. The best way to do that is to provide fire and personal safety education and training to children and adults. In 2013, East Pierce career and volunteer firefighters participated in a number of community events and citizen training opportunities. ■

Our 2013 Annual Report, with all the information about last year, will be available at the end of April. Go to [www.eastpiercefire.org](http://www.eastpiercefire.org), and click on “Annual Reports” at the top of the page.

## GOALS FOR 2014

By East Pierce Fire Chief Jerry E. Thorson

Just like many families and businesses throughout the country, we are affected by changes to the healthcare system. Many people’s entry into the healthcare system begins with a medical emergency and a visit from the firefighters. How our firefighters interact with the hospitals, and the ensuing treatment or care options by other providers, is critical to a positive outcome.

While we will continue to provide emergency medical services to our communities, it’s important to understand that changes to the healthcare system affect how we treat and where we take our patients. We are working hard with our local healthcare partners to ensure excellent medical care when someone in our community calls for help. We will stay flexible and responsive to your needs to ensure a seamless transition from our paramedic units to the right medical care for every patient.

For 2014, we will continue to improve our operational readiness and performance. We will stay as efficient as possible, while being wise stewards of your tax dollars. Our leadership will continue to think strategically to ensure that we continue to provide the best service possible.

As the nation continues to recover from the recession, we thank our voters for their support during these difficult times. We have done our best to control spending and look at more efficient ways to provide the same high level of services that you deserve.

The future for your fire district is bright. We will continue to do our best to serve you, the residents and businesses, throughout the district. ■

## 2013 Public Education Statistics

Citizens Receiving CPR and First Aid Training:	697
Middle and High School Students Receiving CPR Training:	1,420
Citizens Receiving Hands-Only CPR Training:	30
Teens Graduating from the SafeSitter Program:	53
Students Receiving Presentations by Fire & Life Safety Clowns:	5,600+
Citizens Trained in Fire Extinguisher Use:	150
Station Tours:	40
Offsite or Classroom Visits:	45
Car Seat Inspections:	57
Bike Helmets Sold/Fitted:	351
Multi-Sport Helmets Sold/Fitted:	33
Life Jackets Sold/Fitted:	243

### EAST PIERCE SUPPLIES, cont. from pg 1

shocked, but it’s the shock that saves their life,” he says.

The AEDs are small, weighing between 3-5 pounds each, and will only shock patients whose hearts have stopped. “They are safe to use and will never shock someone who doesn’t need it,” Moore says.

The district has plans to provide AEDs to the Pierce County

Sheriff’s deputies, Foothills Detachment. “Our next effort will be to place AEDs in public locations,” he says. Currently, AEDs can be found in all 27 of the schools in the fire district, plus many churches and public facilities. The Washington State Administrative Code requires that those who purchase an AED for a business

or public place must alert the fire department, who provides periodic inspections. AED training is an integral part of the monthly, citizen CPR classes offered by East Pierce Fire & Rescue. “Coupled with CPR, the use of AEDs can have a tremendous impact on patient survival,” Moore says. ■



## Who is East Pierce Fire & Rescue?

East Pierce Fire & Rescue was founded on a strong commitment to customer service. The department's Mission, Vision and Values guide the actions of the department and its employees. Exceptional customer service and a concern for the employees and their families have become hallmarks of our culture.

EPF&R was created when the City of Bonney Lake Fire Department, Lake Tapps Fire and Pierce County Fire District 24 merged in 2000 with the goal of providing a seamless response to emergency situations.

In 2006, voters in Pierce County Fire District 12 and South Prairie Fire District 20 overwhelmingly passed a special election to merge with East Pierce.

Two years later, the citizens of the City of Sumner and Pierce County Fire District 1 also voted to join the East Pierce family.

On February 9, 2010, Edgewood residents voted in favor of merging with East Pierce.

In 2011, the Milton City Council voted to contract for services with East Pierce, bringing expanded fire, rescue and emergency medical services to their city.

Today, East Pierce serves a population of approximately 88,600 residents living in and around Bonney Lake, Sumner, Lake Tapps, the Ridge Communities, South Prairie, Edgewood, Milton and Wilkeson. The district covers approximately 152 square miles and protects residents from 12 stations – six staffed and five volunteer, and one facility on Lake Tapps for the marine rescue unit.

All full-time firefighters are cross-trained as either emergency medical technicians (EMTs) or paramedics and are able to respond to both medical emergencies and fires.

An independently-elected board of citizens governs the agency. ■

## Commisioners

- Dale Mitchell, Chair
- Rick Kuss
- Edward Egan
- Karlyne McGinnis
- Raymond Bunk
- Kevin Garling
- Ron Scholz
- Mike Cathey

## Staffed Stations

Station 11	(Headquarters Station) 18421 Veterans Memorial Drive East Bonney Lake, 98391 253.863.1800 www.east.piercefirer.org
Station 12	12006 - 214th Ave. E., Bonney Lake
Station 13	800 Harrison Street, Sumner
Station 14	3206 W. Tapps Drive E., Bonney Lake
Station 16	10515 - 234th Ave. E., Buckley
Station 18	10105 24th Street East, Edgewood

# Be a Safe Sitter This Summer



The Safe Sitter classes help equip students with life-long skills and create a future generation of safety-conscious adults and parents.

For years, adolescent babysitters have been “stepping in” for parents who are “stepping out”. While many of these young people bring with them a desire to care for children, few are prepared for the magnitude of responsibilities they assume. East Pierce Fire teaches the Safe Sitter curriculum to help equip students with life-long skills and create a future generation of safety-conscious adults and parents.

Safe Sitter is a medically-accurate program that teaches boys and girls, ages 11 to 13, how to handle emergencies when caring for children. The three-day class includes safe and nurturing childcare techniques, behavior management skills and appropriate responses to medical emergencies. In addition to fire and injury prevention, it also teaches business skills for running a babysitting business. ■

## 2014 CLASSES

June 23	8:30am – 12:30pm	<b>-OR-</b>	July 14	8:30am – 12:30pm
June 24	8:30am – 12:30pm		July 15	8:30am – 12:30pm
June 25	8:30am – 1:00pm		July 16	8:30am – 1:00pm
Location: Station 16 (10515 234th Ave E, Buckley)			Location: Station 18 (10105 24th St E, Edgewood)	

The cost is \$40 per student, due at registration. Call (253) 863-1800 to register. Registration forms and additional information are available at [www.eastpiercefirer.org](http://www.eastpiercefirer.org). Register early! Classes are limited to 26 students.

## Burning Down the House

East Pierce Fire & Rescue conducted a live fire training burn on Interlake Island on January 18. The fire district coordinated with the home owner who is rebuilding a new home on the property. Firefighters from Orting Fire & Rescue also participated in the day-long training exercise.



It Only Takes An Hour  
To Save A Life!

CPR

Register for our free,  
Hands-Only™  
CPR class.

Visit [www.eastpiercefirer.org](http://www.eastpiercefirer.org)  
for more information.

## East Pierce Classes & Public Education

FREE!

TO EAST PIERCE FIRE  
& RESCUE CITIZENS

LIFE JACKET LOANER PROGRAM

Wearer must be present for fitting | Headquarters Station  
18421 Veterans Memorial Drive East, Bonney Lake

CHILD SAFETY SEAT INSPECTIONS

Call 253.863.1800 for appointment. Our certified child passenger safety technicians will check to make sure your child is in the right seat, your seat is installed correctly and your child is placed in the seat correctly.

STATION TOURS

Call to arrange a tour of any of our fire stations.

SMOKE ALARM INSTALLATIONS

Includes smoke alarm with 10-year batteries. Call 253.863.1800 for appointment

BLOOD PRESSURE CHECKS

Stop by any station during regular business hours. (Subject to staff availability)

FIRE EXTINGUISHER TRAINING

Learn how to use a fire extinguisher in case of a residential or commercial emergency. Call 253.863.1800 to schedule

HANDS-ONLY CPR CLASS

Non-certification class for adult CPR, from 7 p.m. - 8 p.m. (1 hour)  
April 30, June 24, Aug. 21

SERVICES OFFERED

CPR 9:00 a.m.–12:30 p.m. | BASIC FIRST AID 1:00–4:30 p.m.  
Fire Headquarters Station 18421 Veterans Memorial Dr. E., Bonney Lake  
April 12 or 25 | May 17 or 31 | June 13 or 21 | August 9, 23 or 29

The cost for citizens residing within the jurisdiction of East Pierce Fire & Rescue, including Sumner, Bonney Lake, Lake Tapps, Wilkeson, South Prairie, Milton and Edgewood, is \$15 for either a CPR or First Aid class, or \$30 for both. The cost for non-residents is \$30 for each class, or \$60 for both.

To register, call 253-863-1800 during regular business hours or register online at [www.eastpiercefirer.org](http://www.eastpiercefirer.org).

HELMET SALES AND FITTING\*

Wearer must be present for custom fitting. Bike helmets sold for \$7 each. Muilt-Sport helmets sold for \$10 each.

LIFE JACKET SALES AND FITTING\*

Wearer must be present for custom fitting. Life jackets are sold for \$14 each. Exact change is appreciated.

SAFE SITTER CLASSES

June 23-25 or July 14-16. Registration information is available at [www.eastpiercefirer.org](http://www.eastpiercefirer.org). Cost: \$40.

\* Sponsored by East Pierce Professional Firefighters Local 3520