



WINTER 2013

The two issues involving East Pierce Fire & Rescue were both close. Proposition 1 asked the voters to authorize a seven-member board of fire commissioners. The proposition narrowly passed with just over 50 percentage points.

“The increase from five to seven Board members will improve commissioner representation of our growing fire district,” says East Pierce Fire Commissioner Rick Kuss. East Pierce provides fire protection and emergency medical services for citizens living in Bonney Lake, Sumner, Lake Tapps, Edgewood, Milton, South Prairie, the Ridge communities, Wilkeson and large areas of unincorporated Pierce County.

All regular Board of Fire Commissioners meetings are held on the third Tuesday of every month. The general meeting starts at 7 p.m. at the East Pierce headquarters station, 18421 Veterans Memorial Drive, in Bonney Lake. Meetings are open to the public and offer residents an opportunity for citizen input. Agendas and minutes are posted at www.eastpiercefirer.org.

Fire Commissioner's Race

Kevin Garling has been re-elected to the East Pierce Board of Fire Commissioners. Garling beat Raymond Bunk III with just over 50 percent of the vote.

Both Garling and Bunk currently sit on the East Pierce Board of Fire Commissioners. However, due to attrition, only one position is available for the next six-year term.

Garling is a battalion chief for the Kent Regional Fire Authority. He previously served as an Edgewood Fire Department commissioner, prior to the merger with East Pierce.

Final election results were certified November 26.

A black and white photograph showing a person dressed as Santa Claus sitting in a chair, waving their right hand. They are wearing a dark suit with a white fur trim and a white beard. Behind them, a person in a high-visibility vest and a beanie stands near a window. In the foreground on the right, there is a large, dark silhouette of a person's head, possibly a child, looking towards the camera. The scene appears to be indoors, possibly in a vehicle or a small room with large windows.

*For a complete listing of dates and routes for Santa and the firefighters,
go to www.eastpiercefire.org*

East Pierce firefighters will accompany Santa during his annual visit to neighborhoods in our fire district.

East Pierce Firefighter James Parke is spearheading the much-anticipated event. "Watch for emergency vehicles with lights on and Christmas music playing. They will cruise a few blocks ahead of Santa's sleigh to let you know Santa is com-

ing," Parke said. "For safety reasons, please stay on the sidewalk and out of the road."

Santa's visit is sponsored by the International Association of Firefighters Local 3520 and the East Pierce Fire & Rescue Volunteer Firefighters' Association. Firefighters will be collecting donations for local food banks as they accompany Santa.

Bonney Lake, South Prairie, Lake Tapps and Ridge communities

Look for the fire engines and Santa's sleigh on weekends beginning December 1. Exact dates and neighborhoods are listed on the East Pierce website at www.eastpiercefirer.org.

Milton

The annual Santa Run and Christmas Tree lighting is scheduled for Saturday December 7. The fire engines will be visiting neighborhoods that day beginning at 3 p.m., playing music and handing out candy canes to the kids. The firefighters will bring Santa back to the Milton Activity Center, 1000 Laurel Street, around 5 p.m. for photos and treats.

Edgewood

On Friday, November 29 the fire-fighters will be chauffeuring Santa Claus around the Edgewood neighborhoods from 9 a.m. to 5 p.m. If you miss the jolly old man, stop by the Edgewood City Hall/Civic Center, at 2224 – 104th Avenue East, from 5:30 to 6:30 p.m. that day. He will be handing out candy and visiting with all the good girls and boys.

For all the details on Santa's visits, go to www.eastpiercefire.org. ■

As homeowners turn to alternative heating sources to avoid expensive heating bills, they should be aware of the potential fire danger. "Heating equipment is the leading cause of home fire deaths, after smoking" says East Pierce Assistant Deputy Fire Marshal Lane Walthers.

Follow these simple steps to stay warm and stay safe:

Wood stoves and fireplaces

- To reduce the risk of fire and carbon monoxide poisoning due to creosote buildup or obstructions in the chimney, have the chimney inspected annually by a qualified service technician.
- Keep tree branches and leaves at least 15 feet away from the top of the chimney, and install a chimney cap to keep debris and animals out.
- Use only well-seasoned wood. Never burn Christmas trees or treated wood in your fireplace or wood stove.
- Use only kindling or a commercial firelighter to start a fire. Never use flammable liquids.
- Keep furniture and combustibles at least 36 inches away from the hearth. Use a sturdy screen to stop sparks from flying into the room.
- Dispose of cooled ashes in a metal container. Keep the container a safe distance away from your home.
- Never burn charcoal indoors.



Taking a few easy steps with home heating equipment can help avoid a tragic house fire.

Burning charcoal can produce lethal amounts of carbon monoxide.

- When burning synthetic logs, follow the directions on the package. Never break a synthetic log apart to quicken the fire or use more than one log at a time. They often burn unevenly, releasing higher levels of carbon monoxide.

Electric space heaters

- When buying a new space heater, make sure it carries the mark of an independent testing laboratory and has a tip over safety feature.

- Do not store objects on top of heaters or use to dry clothing.
- Plug space heaters directly into wall outlets. Never into an extension cord or power strip.
- Remember to turn heaters off when leaving the room or going to bed.

"Give home heating equipment space, at least three feet from anything that can burn, including paper, bedding and people," Walthers recommends. "Have a 'kid-free-zone' around open fires and space heaters and never use your oven to heat your home."

For more tips on staying safe,
visit www.eastpiercefirer.org. ■

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CLOWNS GET SERIOUS ABOUT SAFETY

For the second year, the East Pierce Fire & Life Safety Clowns presented their Characterization Program to local elementary school children. This unique educational program teaches important fire and life safety skills in a fun and memorable way. East Pierce personnel dress in clown costumes, silly make-up and funny noses. Believe us, you won't forget these faces or their message!

Designed for kindergarten through third graders, the 25-minute assembly-style format features songs, lots of audience participation, puppets, sound effects, and, of course, the clowns "Backdraft", "Highrise", and newcomer "Bunkers".

This year's lessons focus on seat-belt safety, how to remain calm in an emergency, booster seat location, the importance of exit drills in the home, wearing bike helmets, what to do if a smoke alarm goes off and the rules of swimming safety.


More importantly, the children seem to remember these critical safety lessons taught by our funny fire friends. They aren't the only ones. "I heard children saying that they were excited to tell their parents about it, and they were singing the songs that you shared," says Foothills Elementary Teacher Barbara Gohl. "The kids remember them and sing them over and over... a really good way to get kids to remember the important safety messages!"

By the time the troupe finishes performing at all 18 of the elementary schools within the fire district, they will have entertained—and educated—more than 5,000 students. This year, an extra assembly was hosted at Cascade Christian Puyallup Elementary where special invitations were extended to private school and home-schooled students.

East Pierce Fire & Rescue has a long history of providing fire and life safety instruction to area students. For years, the firefighters have gone into the local schools to teach everything from water safety to CPR. Our Fire Safety Trailer has been a mainstay at school and community events.

"The partnership between our organization and the school districts is critical to the development of safety awareness in our community," says East Pierce Fire Chief Jerry E. Thorson.

Next year, the troupe will be back with a whole new show. "It will keep us busy," says Lieutenant Marc "Backdraft" Lash. "We're having just as much fun as the kids!" ■



Lt. Lance "Bunkers" Schinkal (left), Dina "Highrise" Sutherland and Lt. Marc "Backdraft" Lash performed at 18 elementary schools in the fire district, teaching more than 5,000 students important fire and life safety skills.

Winter Weather Emergencies: Keep Mindful of Local Dangers

As we transition from fall to winter, just remember that the glistening white stuff and chilly temperatures can be as dangerous as they are beautiful.

According to East Pierce Fire & Rescue Assistant Chief James Jaques, the most common cold weather accident for our area is sledding mishaps. Emergency crews are often called to the scene of an accident where someone has run into another person or a stationary object.

"We see everything from broken limbs to head injuries," he said. When sledding, try to pick a clear area free of rocks, trees or fences and never sled down onto a road. "Never, ever sled while holding onto a car or truck," Jaques said.

Although ice rescues are less common, they do happen here. Fire officials warn against going out onto any iced-over lake or pond, especially Lake Tapps. Unlike most bodies of water, Lake Tapps is not shaped like a big bowl, making it difficult to judge ice thicknesses even near the shoreline. The lake is especially dangerous if the water has been drawn down after it has frozen. Lowering the water beneath the ice can leave little or no support, causing the ice to fracture under the weight of a person or vehicle.

"We've seen people drive their motorcycles, all-terrain vehicles, dune buggies, snow mobiles and even Volkswagens out on the lake," Jaques says. "To be safe, never take a vehicle out on any of the area's lakes or ponds."

Hypothermia is also a danger. It doesn't take sub-zero temperatures for someone to develop a cold-related medical condition. The elderly and the very young are especially susceptible to hypothermia, frostbite and other weather-related health problems.

A person affected by hypothermia may experience:

- Confusion;
- Dizziness;
- Exhaustion; and

- Severe shivering.

Signs of frostbite include:

- Gray, white or yellow skin discoloration;
- Numbness or waxy-feeling skin.

Call 9-1-1 immediately if you experience these symptoms. This is a serious medical emergency.

Our most common weather-related emergencies are wind and flooding. Be aware of potential flooding and obey evacuation orders. "Several areas of our district are prone to flooding and could be cut off if the flooding is severe enough, particularly South Prairie," Jaques says. "If you do not leave before the floods close all the roads, we cannot get to you to provide fire or emergency medical services. We don't ever want to see that happen."

For more winter weather tips, go to our website at www.eastpiercefirer.org. ■

First Responders Promote International Walk to School Day

East Pierce Fire and Rescue and the Sumner Police Department joined more than 300 students and parents from Daffodil Elementary School to celebrate International Walk to School Day by participating, for the first time, in the Safe Kids Walk to School Day Parade, Wednesday, October 9. The parade began at the Sumner School District Office at 10:05 a. m., proceeded from Wood Avenue, down Washington Street to Valley Avenue, then to the school.

During the walk, fire and police personnel talked to children about important safety messages such as, noticing specific pedestrian hazards (no sidewalks, no crosswalk, etc.) along the route the children take to school, the importance of using traffic signals and crosswalks, and putting away electronic devices to look before crossing streets.

The Sumner students were among more than 250,000 children across the United States who participated in the annual event to learn safe walking skills and to encourage the creation of safe walking environments.

"Our children learn by mimicking what they see. By walking with them on International Walk to School Day, we can show children how to walk safely," says East Pierce Public Education Specialist Dina Sutherland.

According to the World Health Organization, road traffic injuries are the second-leading cause of death among children ages five to 14 worldwide. More than 61 children are injured every day, some severely enough to seek medical attention. Nearly 500 children are killed every year.

East Pierce Fire and Rescue, Sumner Police and Safe Kids Coalition are working together to raise awareness, promote pedestrian safety, create safer routes for walking and bicycling and emphasize the importance of increasing physical activity among children.

"Walking to school is a great way for



Sumner students were among more than 250,000 children nationwide who participated in the annual event to learn safe walking skills.

kids to get exercise and reduce traffic congestion near schools. Unfortunately, many children are unable to walk because the conditions are not safe," says East Pierce Fire Chief Jerry E. Thorson. ■

TRAINING STARTS FOR VOLUNTEER CANDIDATES

Seventeen people are vying for ten positions as the newest East Pierce Fire & Rescue volunteer firefighters. They have already passed a rigorous physical exam, background check and series of interviews. On November 5, they will begin a five-week orientation class.

Only the top ten candidates will move on to the next phase of training—the volunteer firefighter academy. Following that six-month intensive program, the volunteer recruits will attend emergency medical technician (EMTs) class. Only then will they become full-fledged East Pierce volunteers.

"Volunteers help enhance our response to fire and medical emergency calls as well as assist with public education," says Assistant Chief Ed Goodlet, who oversees the volunteer program. "They respond to 9-1-1 emergencies from outlying stations and when the career firefighters are busy with a significant number of calls or a large-scale emergency."

Since emergency medical incidents make up nearly 80 percent of all the 9-1-1 calls, all East Pierce firefighters—career and volunteer—are at least EMTs. They are trained to respond to and care for patients who have been involved in motor vehicle collisions or are in medical distress as the result of an accident, illness or childbirth. Some of the career firefighters have undertaken additional training to become paramedics. They are able to perform more advanced prehospital medical procedures.

"Volunteers provide an important service by putting trained people in the community, particularly in outlying areas of the District," Goodlet says. For some, it also provides a transition to a career in the fire service. Many of the current career firefighters at East Pierce have been hired from the volunteer ranks.

When the Volunteer Class of 2014

Volunteer Corner

become full-fledged firefighter-EMTs, they will have completed approximately 400 hours of training. East Pierce Battalion Chief Pat Beers remembers when he became a volunteer for the City of Bonney Lake in 1990. "We attended a 16-hour recruit class," he said. "Now the recruit class alone is 200 hours and the EMT class is another 120 hours."

Even after graduation, the training will continue. Like all of the other volunteers, the new recruits will attend weekly drills and must maintain a 75 percent drill attendance, plus participate in mandatory specialized drills throughout the year.

Once the new recruits complete their training, they will join the 31 volunteers who currently serve the Bonney Lake, Lake Tapps, South Prairie, Edgewood, Milton, Sumner, Wilkeson and the Ridge communities. ■

HEALTH Protect Yourself WATCH: from the Flu



Even the firefighters line up to get their flu shots. East Pierce Captain Brian Schulz puts on a brave face for the nurse.

The 2013-2014 flu season is starting in Washington State. Getting vaccinated against the flu is the first step in protecting you, your family and friends.

Some of the first to see cases are firefighter-paramedics and emergency medical technicians (EMTs) who transport seriously-ill flu patients to area hospitals. According to the Center for Disease Control (CDC), more than 200,000 hospitalizations and 6,000 deaths result from flu-related complications annually in the United States.

In addition to the flu virus, there

are also serious noroviruses and rotoviruses circulating, which generally cause more nausea, vomiting and diarrhea. This is in contrast to the flu which typically involves coughing, fever, body aches and, only sometimes, nausea and vomiting. “So if you are getting sick—and you got the flu vaccine—it may not be the flu,” says East Pierce Fire and Rescue Assistant Chief Russ McCallion.

In most healthy people, the flu will go away in five to seven days. However, in some cases, the flu can be a serious health threat. Typically, children under the age of five,

pregnant women, seniors and people with underlying chronic diseases, such as asthma and emphysema, are at greatest risk, and should contact their health care provider right away if they have symptoms. Call 911 if:

- A baby younger than three months has a high fever or a fever that lasts more than five days;
- You are having trouble breathing or feel very short of breath;
- You have a severe headache or stiff neck and are confused or having trouble staying awake;
- Your flu symptoms get better then return with a fever and even worse cough;
- You are experiencing chest pains; or
- You show signs of dehydration (very dry mouth or no urination in more than eight hours).

Avoiding the flu

Vaccination continues to remain the cornerstone of preventing influenza, a contagious respiratory disease caused by different influenza viruses infecting the nose, throat and lungs. “Vaccinated patients may still get the flu—but usually have less serious symptoms,” McCallion says. “Remember that it takes two, full weeks for the vaccine to provide maximum

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Did You See Us at the Open House?

Cool weather and threatening skies might have kept some people from attending the 20th annual East Pierce Fire & Rescue Open House, September 28 at the headquarters station in Bonney Lake, but those who were there had a terrific time. The Open House and Safety Fair provides an opportunity for firefighters and other public safety agencies to showcase various programs and services. Besides cotton candy and ice cream, the event featured booths by East Pierce Fire & Rescue, the Bonney Lake and Sumner Police and Pierce County Sheriff’s Departments. Plus demonstrations by the fire department’s special operations teams, including Technical Rescue, Wildland, HazMat and Water Rescue.



Smoke Alarm Grant Awarded

East Pierce Fire & Rescue recently received grant funding to purchase 2,500 smoke alarms, including 40 hearing impaired smoke alarms, which will be installed in citizen homes throughout the fire district over the next several months.

The federal grant proposal, written and submitted by the Washington State Association of Fire Marshals, is part of a comprehensive community risk reduction effort with a focus on home safety visits and assuring working smoke alarms. EPFR, and five other fire jurisdictions in Washington, were included in the joint grant submission.

The smoke alarm program is specifically intended for at-risk citizens including older adults, low income, and those who reside in a mobile home. Firefighters will install the smoke alarms at no cost to the resident, and a courtesy home fire safety inspection will be conducted during the home visit. The smoke alarms are equipped with long-life batteries, which last approximately 10 years.

In the event of a fire, properly installed and maintained smoke alarms can save lives. Smoke alarms provide early detection of a fire to allow time to escape safely. Alarms should be installed inside and outside all sleeping areas, and on every level of the home, including the basement. Test your smoke alarm once a month. All smoke alarms should be replaced after 10 years.

To schedule a smoke alarm installation, call 253-863-1800. To learn more about smoke alarms, or for tips regarding home escape plans, got to www.eastpiercefirer.org. ■

STAY ON THE ROAD AND IN CONTROL

Every year, people are injured or killed because they are unprepared or overconfident when driving on snowy, icy roads. “If you can postpone your trip, or if it is non-essential, stay in when the weather is really bad,” urges East Pierce Battalion Chief Doug Walker. “If you must drive, keeping these safety tips fresh in your mind can keep you on the road and in control.”

Make sure you and your car are properly equipped

- Be sure your car or truck has ample antifreeze, the windshield is clean and you have plenty of washer fluid.
- Verify that the tires have tread and are properly inflated.
- Check to make sure the headlights are clean and in working order.
- Have your battery tested to avoid being stranded in the cold with a vehicle that won’t start.
- Before you drive, remove snow and ice from your vehicle’s windows and mirrors and keep clean to maintain visibility. Also, be sure to clear snow from the roof and hood to ensure good visibility for both you and other motorists.

Slow down and drive smoothly

- Avoid abrupt acceleration, braking and unnecessary lane changes which can cause your vehicle to lose traction.
- Remember, four-wheel-drive helps in the slushy stuff, but is of no use when trying to steer or stop on icy roads.
- Be patient. It’s going to take longer to arrive at your destination.
- Don’t tailgate. Give yourself plenty of stopping distance.
- Avoid using cruise control in the snow, ice or rain. If the car hydroplanes or skids, it can accelerate in an attempt to maintain a constant speed.

Be prepared

- Stock your vehicle with essentials in the event of an emergency including a snow shovel, broom, ice scraper, jumper cables, flashlight, warning devices (flares, reflective markers, etc.) and blankets for protection from the cold.
- Have a supply of water and food for everyone in your vehicle – including pets.
- Prepare a first aid kit and include any necessary medicines in case you’re away from home for a prolonged time.

If you do become stranded, avoid asphyxiation from carbon monoxide poisoning. Don’t run your car for long periods with the windows up or in an enclosed space. If you must run your vehicle, clear the exhaust pipe of any snow and run it only sporadically – just long enough to stay warm.

East Pierce Fire & Rescue wants to keep you and your family safe on the roads this winter. ■

Who is East Pierce Fire & Rescue?

East Pierce Fire & Rescue was founded on a strong commitment to customer service. The department’s Mission, Vision and Values guide the actions of the department and its employees. Exceptional customer service and a concern for the employees and their families have become hallmarks of our culture.

EPF&R was created when the City of Bonney Lake Fire Department, Lake Tapps Fire and Pierce County Fire District 24 merged in 2000 with the goal of providing a seamless response to emergency situations.

In 2006, voters in Pierce County Fire District 12 and South Prairie Fire District 20 overwhelmingly passed a special election to merge with East Pierce.

Two years later, the citizens of the City of Sumner and Pierce County Fire District 1 also voted to join the East Pierce family.

On February 9, 2010, Edgewood residents voted in favor of merging with East Pierce.

In 2011, the Milton City Council voted to contract for services with East Pierce, bringing expanded fire, rescue and emergency medical services to their city.

Today, East Pierce serves a population of approximately 83,000 residents living in and around Bonney Lake, Sumner, Lake Tapps, the Ridge Communities, South Prairie, Edgewood, Milton and Wilkeson. The district covers approximately 152 square miles and protects residents from 12 stations – six staffed and five volunteer, and one facility on Lake Tapps for the marine rescue unit.

All full-time firefighters are cross-trained as either emergency medical technicians (EMTs) or paramedics and are able to respond to both medical emergencies and fires.

An independently-elected board of citizens governs the agency. ■

Commisioners

Rick Kuss, Chair
Edward Egan
Karlyne McGinnis
Raymond Bunk
Kevin Garling
Ron Scholz
Mike Cathey
Dale Mitchell

Staffed Stations

Station 11	(Headquarters Station) 18421 Veterans Memorial Drive East Bonney Lake, 98391 253.863.1800 www.east.piercefire.org
Station 12	12006 - 214th Ave. E., Bonney Lake
Station 13	800 Harrison Street, Sumner
Station 14	3206 W. Tapps Drive E., Bonney Lake
Station 16	10515 - 234th Ave. E., Buckley
Station 18	10105 24th Street East, Edgewood

HEALTH WATCH, cont. from pg 3

protection.” Even if you don’t have a family doctor, most pharmacies can administer the flu vaccine. The vaccines are relatively inexpensive, and covered by most health insurance plans.

Vaccinations are the first line of defense. Here are a few more tips for avoiding the flu:

1. Washing your hands often will help protect you from germs. If soap and water are not available, use an alcohol-based hand rub.
2. Avoid close contact with people who are sick. The flu is spread by airborne droplets when flu patients cough, sneeze or talk. Try to stay at least six to eight feet away from flu patients to keep from getting sick too.
3. Stay home from work, school,

- and errands when you are sick, if possible. You will help prevent others from catching your illness.
4. Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick.
 5. Avoid touching your eyes, nose or mouth. Germs are often spread when a person touches some thing that is contaminated with germs and then touches his or her eyes, nose, or mouth.
 6. Practice other good health habits. Clean and disinfect frequently touched surfaces at home, work or school, especially when someone is ill. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

For more information, go to Flu.gov ■

Upcoming Events

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EDGEWOOD TREE LIGHTING

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Everyone is invited to the second annual Edgewood Tree Lighting from 5:30 – 6:30 p.m. Friday, November 29 at the City Hall/ Civic Center, located at 2224 104th Avenue East. Santa will be there, escorted by the firefighters. At 6 p.m., the mayor will light the tree to officially start the celebrations.

Enjoy refreshments and holiday treats while listening to a performance by the Edgemont Junior High School band and choir. The Boy Scouts Troop 525 will be selling hand-crafted swags.

Non-perishable foods and new gift items will be collected for the Edgewood Community Food Bank.

For more information, contact city hall at 253-952-3299.

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MILTON TREE LIGHTING

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Kick off the holiday season with your neighbors from 3 to 8 p.m., Saturday, December 7 at the Milton Activity Center, 1000 Laurel Street. There will be holiday crafts, music, food and beverages. Visit with Santa for photos and gifts. The Santa Parade will tour the city from 3 to

5 p.m. Santa will arrive back at the Activity Center at 5 p.m. and we will light the tree at 6 p.m.

For more information, go to www.cityofmilton.net.

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BONNEY LAKE TREE LIGHTING AND FOOD BANK

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The annual Bonney Lake Tree Lighting, sponsored by the Kiwanis Club of Bonney Lake, will be held from 6 to 8 p.m. Saturday, December 7 at the East Pierce Fire & Rescue headquarters station, at 18421 Veteran’s Memorial Drive East. The festivities also include cookies, hot apple cider and holiday music performed by area school children.

Bonney Lake Mayor Neil Johnson will light the tree around 6:30 p.m. to signal the official start of the holiday season, followed by the arrival of Santa and Mrs. Claus aboard a fire engine. Santa and Mrs. Claus will be available for photos.

Food donations will be accepted all day from 9:00 a.m. to 6:30 p.m. at the Bonney Lake Food Bank (next door to the fire station) and during the event. ■

Breakfast at Our House!

Firefighters host annual Pancake Feed at the Sumner Fire Station

The 18th annual Pancake Feed, sponsored by the East Pierce Fire and Rescue International Association of Firefighters Local 3520, will be held from 7 a.m. to noon, Saturday, December 7, at the Sumner Fire Station, located at 800 Harrison Street.

Firefighters, fire commissioners and local dignitaries will be flipping flapjacks and serving ham, coffee and orange juice. The Victor Falls choir will be singing starting at 9 a.m. We even hear that Santa will make an appearance!

The breakfast is a benefit to raise money for the Sumner Family Center, a local program that provides support and services to families living within the Sumner School District, including Bonney Lake, South Prairie and Sumner. Money that is left over is used throughout the year for families within the East Pierce fire district who need emergency assistance for fuel, medications and lodging.

Stop by to have breakfast with the firefighters and support a great cause.■

It Only Takes An Hour To Save A Life!



Register for our free, Hands-Only™ CPR class.

Visit www.eastpiercefire.org for more information.

East Pierce Classes & Public Education

FREE!

TO EAST PIERCE FIRE & RESCUE CITIZENS

LIFE JACKET LOANER PROGRAM
Wearer must be present for fitting | Headquarters Station 18421 Veterans Memorial Drive East, Bonney Lake

CHILD SAFETY SEAT INSPECTIONS
Call 253.863.1800 for appointment. Our certified child passenger safety technicians will check to make sure your child is in the right seat, your seat is installed correctly and your child is placed in the seat correctly.

STATION TOURS Call to arrange a tour of any of our fire stations.

SMOKE ALARM INSTALLATIONS Includes smoke alarm with 10-year batteries. Call 253.863.1800 for appointment

BLOOD PRESSURE CHECKS Stop by any station during regular business hours. (Subject to staff availability)

FIRE EXTINGUISHER TRAINING Learn how to use a fire extinguisher in case of a residential or commercial emergency. Call 253.863.1800 to schedule

HANDS-ONLY CPR CLASS—NEW!
Non-certification class for adult CPR, from 7 p.m. - 8 p.m. (1 hour) November 26 & December 9

SERVICES OFFERED

CPR 9:00 a.m.–12:30 p.m. | BASIC FIRST AID 1:30–4:30 p.m.
Fire Headquarters Station 18421 Veterans Memorial Dr. E., Bonney Lake
November 16 & 22, December 13 & January 11 & 25

The cost for citizens residing within the jurisdiction of East Pierce Fire & Rescue, including Sumner, Bonney Lake, Lake Tapps, Wilkeson, South Prairie, Milton and Edgewood, is \$15 for either a CPR or First Aid class, or \$30 for both. The cost for non-residents is \$30 for each class, or \$60 for both.

To register, call 253-863-1800 during regular business hours or register online at www.eastpiercefire.org.

HELMET SALES AND FITTING Wearer must be present for custom fitting. Bike helmets sold for \$7 each. Multisport helmets sold for \$10 each.

LIFE JACKET SALES AND FITTING* Wearer must be present for custom fitting. Life jackets are sold for \$14 each. Exact change is appreciated.

SAFE SITTER CLASSES Look for 2014 dates coming soon! Registration information is available at www.eastpiercefire.org. Cost: \$40.

* Sponsored by East Pierce Professional Firefighters Local 3520