



## OPEN HOUSE OCTOBER 1

Make plans to attend the 18th annual Open House from 1 to 4 p.m. Saturday, October 1 at the East Pierce headquarters station, located at 18421 Old Buckley Highway in Bonney Lake. The free health and safety fair, hosted by East Pierce Fire and Rescue, offers an opportunity to showcase programs and services provided by the fire department, including demonstrations by the fire district's special operations teams such as HazMat, Wildland, Technical Rescue and Water Rescue.

Parents and children can test their fire safety knowledge, watch demonstrations of various rescue equipment and purchase and be fitted for life jackets and bike helmets. Younger children can suit up in pint-size firefighter gear to put out a "fire" and perform a "rescue." Older children are offered a more challenging course, shooting water from a hose at a target.

"We love it because it gives us a chance to demonstrate fire prevention and safety issues in a fun, interactive setting," said East Pierce Lieutenant Eric McLeroy, who heads up the event. **"Don't miss it!"** ■



Don't miss the free Open House, Saturday, October 1 at the East Pierce headquarters station, located at 18421 Old Buckley Highway in Bonney Lake.

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The EMS levy helps to fund required training for firefighter EMTs and paramedics who respond to nearly 6,000 medical emergency calls annually.

Area voters will be asked to renew the levy for emergency medical services (EMS) provided by East Pierce Fire and Rescue. Voters living in communities served by the fire district had previously authorized a rate of \$.50 per thousand of assessed value for EMS services for a period of ten years. The proposition renews the levy for another ten years.

"This is not a new tax," East Pierce Fire Chief Jerry E. Thorson said. "The proposition simply renews the medical services levy previously approved by the voters."

Renewing the EMS levy will mean continued funding to operate and maintain emergency medical aid vehicles

## EMS Levy Renewal Vote Aug. 16

staffed by firefighters who are also qualified as either emergency medical technicians (EMTs) or paramedics. The funds provide for rapid emergency response and the extensive EMS training required by law. Further, it allows the district to provide ambulance transport to residents at no out-of-pocket expense to the patient.

East Pierce Fire and Rescue provides life-saving medical assistance to the residents of Pierce County Fire District No. 22, including the cities of Bonney Lake, Sumner, Edgewood, Milton, South Prairie, Wilkeson, the Ridge Communities and the area around Lake Tapps – approximately 87,000 people. In 2010, East Pierce responded to 7,655 total emergency calls. Of those, nearly 75%, or 5,667 calls, were emergency medical-related incidents.

Ballots are set to be mailed on or before July 29. Ballot deposit sites will be open 24/7, and will close at 8 p.m. on August 16. Completed ballots are to be returned by mail or dropped off at Express Booths on or before August 16. The ballot deposit sites in the East Pierce Fire District are located at the Bonney Lake Park and Ride on Sky Island Drive East and 184th Avenue East; at the Sumner Library, at 1116 Fryar Avenue; and at the Edgewood City Hall, at 2224 104th Avenue East. ■



The East Pierce Water Rescue Team has been performing rescues on Lake Tapps and area waterways since 1990.

## WATER RESCUE TEAM STANDS READY

Since 1990, the East Pierce Fire & Rescue's Water Rescue Team has been participating in surface, underwater and swift river rescues throughout the area.

To maintain their skills, the team participates in monthly training that covers search techniques and safety in the water.

Lake Tapps presents a particular challenge for rescuers who must search the murky waters and vast forest of stumps and snags below the surface for victims of water-related accidents.

The East Pierce team often responds in conjunction with the Pierce County sheriff's dive team and the Auburn fire department's special operations dive team.

## WATER SAFETY

It's a fact. Life jackets save lives. "We've never had to rescue anyone who was wearing a life jacket," said East Pierce Lieutenant Matt Jewitt, a longtime member of the East Pierce Fire and Rescue Water Rescue Team. The team is specially trained to respond to emergencies on lakes or rivers in our area.

Although there is at least one drowning on Lake Tapps every year and several serious boating accidents, last year was particularly devastating. Three people lost their lives at Lake Tapps and one person drowned in the Puyallup River.

East Pierce recommends that everyone who is near water to wear a life jacket. We offer a discount on life jackets and include a free fitting.

Just need a life jacket for the day? We will loan you one. "The loaner program was established, so nobody would have an excuse not to have a life jacket," East Pierce Public Education Specialist Dina Sutherland said.

Life jacket loaners are available at the concession stand at the North Lake Tapps Park, a self-serve kiosk at Allan Yorke Park and at the fire station headquarters in Bonney Lake, located at 18421 Old Buckley Highway. The jackets are available in infant, child, youth and adult sizes. A valid driver's license is required to receive a loaner jacket at all but the self service kiosk.

### HYPOTHERMIA

It's important to remember that even when the weather is warm, glacier-fed water in local lakes and rivers can be very, very cold. Just a few minutes in cold water makes it difficult to swim or even to keep afloat. The condition is called "hypothermia". It exists when the body's temperature drops below ninety-five degrees.

Decreased body temperature leads to a loss of dexterity and consciousness.

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## Patriot Award Presented to EPFR

The National Committee for Employer Support of the Guard and Reserve announced it has honored East Pierce Fire and Rescue with the Patriot Award. The award program recognizes employers who support a strong National Guard and Reserve force. Employers qualify when they practice leadership and personnel policies supporting employee participation in the Guard and Reserve. Fire Chief Jerry E. Thorson will formally accept the award at the Fire Commissioner's meeting on August 16.

"East Pierce Fire and Rescue is pleased to receive this prestigious award," Thorson said. "We have strongly supported the Guard and Reserve and proudly support all four of our employees who serve in the National Guard and Reserve."

The fire district was recommended for the award by East Pierce Firefighter-Paramedic Joe Worley, who serves in the Oregon Army National Guard. As a first sergeant, he is required to report for two weeks military service each year, in addition to monthly exercises. Because of the high level of commitment of active duty forces, reserve forces have been integrated on a greater scale than ever before in the regular rotations of forces for regional peacekeeping. The Guard is extensively used at home during disaster responses such as the fires in Nevada and the floods in North Dakota. "The demands on the Reserves are a lot higher," Worley admits.

"Fortunately, East Pierce has a very generous military leave that allows me to participate as a member of the National Guard," he said. Worley said that he's worked for other employers and that isn't always the case.

Employers are required by law to allow time off for military service. However, they are not required to continue to pay the employee or hold the same job when he or she returns. "East Pierce goes above and beyond that. It makes it so much easier. It relieves a burden for me," he said.

"Supportive employers are critical to maintaining the strength and readiness of the nation's National Guard and Reserve units," said Thorson. "We are proud of our men and women who serve our country and we will support them any way we can."

The Patriot Award will be displayed on the Wall of Honor in the lobby of the headquarters' fire station in Bonney Lake, alongside photos of the firefighters who served, past and present, in the military. ■



East Pierce Fire Chief Dan Packer died in 2008 in a northern California wildfire.

East Pierce Fire and Rescue announced plans to establish a memorial wall to honor the life of Fire Chief Dan Packer, who died in a wildfire in northern California. The 49-year-old chief had just begun

## Memorial Wall Honors Chief

a two-week assignment as a division supervisor overseeing wildland firefighters in the Klamath National Forest when the blaze suddenly blew up during a routine survey of the area.

"Chief Packer taught us that we earn our community's respect every day through hard work and a concentrated effort to provide excellent customer service," said East Pierce Deputy Chief John McDonald. McDonald is heading up the committee of firefighters, staff, officers and volunteers who are working to develop the memorial. The committee also includes members of Packer's family.

"This wall will remind us of his example and our commitment to serve our community with honor," McDonald said.

The wall will be located at the headquarters station on Old Buckley

Highway, in Bonney Lake. Items will be rotated periodically between the two displays. They will include items from Packer's personal and professional life and memorabilia related to the accident that took his life.

"Chief Packer was the true inspiration for East Pierce Fire and Rescue. It was his vision and his strong belief in customer service that still drives our members today," said East Pierce Fire Chief Jerry E. Thorson. "The memorial wall not only acknowledges his contribution to our community and our department, but also ensures that his efforts are recognized by all who come to the fire station."

A public dedication for the memorial wall is scheduled for July 26, 2011, the third anniversary of Packer's death. ■

## East Pierce Voters Set to Elect New Commissioners Aug. 16

**August 16, voters will decide on** two open positions on the East Pierce Fire and Rescue Board of Fire Commissioners. Four candidates are vying for Position 4. Three are current commissioners. They include Ed Egan, of Edgewood; Rick Kilbourn, of South Prairie; and Victor Proulx, of Bonney Lake. Unincorporated Pierce County resident, Pat-

rick McElligott is also a candidate.

Lake Tapps resident Rick Kuss is the only candidate running for Position 6. He currently serves as the chair of the East Pierce commissioners.

Commissioners are elected by the public to represent their fire district and serve six-year terms. They set policy for the department, hire

the fire chief and are responsible for budgets, professional audits and authorizing levy requests of the public they serve during monthly general meetings. Commissioners currently receive \$104 per day when attending district board meetings and performing other duties on behalf of the district, as established by law. ■

## Help Us Fill The Boot

Every year the East Pierce Firefighters Local 3520 and East Pierce Volunteers ask residents to "Fill the Boot" for the Muscular Dystrophy Association. Funds raised assist families affected by muscular dystrophy in our community.

You may have already seen the

firefighters in Sumner and Bonney Lake, but you can still find them in Bonney Lake, from 9 a.m. to 5 p.m., on August 19, at 200th Avenue East and South Prairie Road, then in Edgewood, from 9 a.m. to 5 p.m., on August 24 at 24th Street East and Meridian Avenue East.

With your help, the firefighters raised a record-breaking \$17,075 last year. "The great thing is that the money we raise stays local," said Firefighter Andrew House, who will organize the event again this year. "Thanks to your generous support, 27 families in East Pierce benefited and another 700 families in the Tacoma area were also helped."

**The goal this year is to raise \$20,000. ■**

## SCHOLARSHIP WINNERS ANNOUNCED

The East Pierce Volunteer Firefighter's Association announced the winners of its annual Scholarships for Excellence. "We are pleased to provide scholarships for six worthy students this year," said Sara Arneson volunteer firefighter and chair of the Scholarship Committee.

The 2011 scholarship winners are White River High School senior **Michael Burley**; Bonney Lake High School senior **Megan Hagwood**; and Sumner High School senior **Kendall Theden**.

Three scholarships are conferred annually to a graduating senior at each of the high schools within the

East Pierce Fire District. Eligible students must have a minimum GPA of 3.0 and intend to enter the fields of firefighting, law enforcement, medicine or social work.

Hagwood and Theden plan to enter the nursing field – Hagwood as a nurse anestesiologist and Theden as Registered Nurse and then later, she may consider a career as a trauma physician's assistant. Burley plans to enter the field of child psychology.

**Ali Ehle** received a special scholarship that is awarded to an East Pierce career or volunteer member, their spouse or dependent. Ehle is the daughter

of East Pierce Lieutenant Les Ehle. She plans on a career in psychology or as a pharmacist.

**Rachel Goodlet**, daughter of East Pierce Assistant Chief Ed Goodlet, also received a scholarship. She plans to follow her father's profession and become a firefighter-paramedic.

A special scholarship was awarded to Bonney Lake High School senior **Shayna Moran**, who plans to become a registered nurse.

The East Pierce Volunteer Firefighter's Association is pleased to present these worthy students with much needed financial aid. Congratulations to each of them. ■

Volunteer Corner

WATER SAFETY, cont. from pg 1

In extreme instances, it is fatal. Wearing a life jacket or vest anytime you are near water is the best way to stay afloat and stay alive.

Even boaters need to be aware of the danger and wear life jackets. Collisions and accidents happen. You never know when you could end up in the water. Throughout the summer, East

Pierce firefighters offer water safety lessons and a boat tour from the marine station on Lake Tapps. To schedule a session for your group or organization, call Dina Sutherland at 253-863-1800. ■

# Play It Safe on the Lake

Waterways are second only to highways as the scene of accidental deaths. Don't ruin a fun day on the lake with a boating accident. Follow these safety guidelines whenever you are behind the wheel of a boat:

- **Make sure** everyone on the boat is wearing a properly fitting lifejacket.
- **Limit the loads** of people and equipment carried in boats. Overloaded boats are less maneuverable and more likely to become swamped or capsize.
- **Limit movement** and keep weight low to avoid capsizing or falling overboard.
- **In case** of capsizing or swamping, stay with your boat. Even when filled with water, the boat will provide some flotation and is easier for rescuers to spot you.
- **Dress for** the water temperature, not the air temperature. Assess the wind and wave conditions to decide if you are prepared for potential cold-water conditions. Check weather forecasts before leaving home and be aware of changing conditions. And take along extra clothing for children - they get cold faster than adults.
- **Don't drink and boat:** Alcohol affects both judgment and reactions, and its effects are more

pronounced on the water.

- **Bring your cell phone** in a waterproof zip lock bag. If you have cell phone service, you can call for help without removing the phone from the bag.
- **Take a boating safety course** and receive your boating safety education card. Washington State requires boaters age 12 years and older pass a boating safety education course or equivalency exam and obtain a Boater Education Card before operating a motorized vessel of 15 horsepower or greater – including jet skis. Boat operators must carry the card when operating motorboats personal watercraft or any motorized watercraft.

## CO POISONING

This summer hundreds of boaters and swimmers will be poisoned on lakes and rivers throughout our area. Many will never even know it, attributing the sudden onset of light-headedness and headache to seasickness, the flu, food poisoning, too much sun or alcohol. Too often the real culprit is carbon monoxide (CO) poisoning from boat exhaust.

Carbon monoxide is a colorless, odorless gas found in the exhaust of recreational boats. Because CO gas stays close to the water, it accumulates

## BOATS NEED FIRE EXTINGUISHERS

Fire extinguishers are required on all boats that have an on-board fuel tank that is covered or permanently enclosed. We recommend the 2A:10BC fire extinguisher because it's larger and provides more protection over the smaller, less effective B-1 type extinguisher required for boats less than 26 feet long. All fire extinguishers should be checked every time you plan to use your boat to ensure they are in service. Fire extinguishers must be Coast Guard or U.L. approved.

under the boat's swim platform and in enclosed cabins.

There have been several instances of CO poisoning on Lake Tapps, particularly among "teak surfers" – swimmers who hold onto the teak swim platform – as the boat motors along the water, exposing participants to deadly CO emissions.

Not only is "teak surfing" dangerous, but since 2006 it's been illegal.

Symptoms include the sudden onset of light-headedness and headache, irritated eyes, nausea and weakness, eventually leading to loss of consciousness. "It can take as little as 60 seconds of exposure to pass out," said East Pierce Public Education Specialist Dina Sutherland. ■

# Fire District Faces Budget Challenge

Like other residents and businesses in this difficult economy, the fire department is forced to do more with less. Over the last two years, East Pierce has seen a 16.6% drop in revenues and the district expects another 7-10% reduction in 2012.

The major source of funding for East Pierce are the tax levies on personal property – \$1.50 per thousand assessed value for fire and \$0.50 per thousand for EMS services. The tax revenues make up 90.1% of total revenues. As assessed values fall, so do tax revenues.

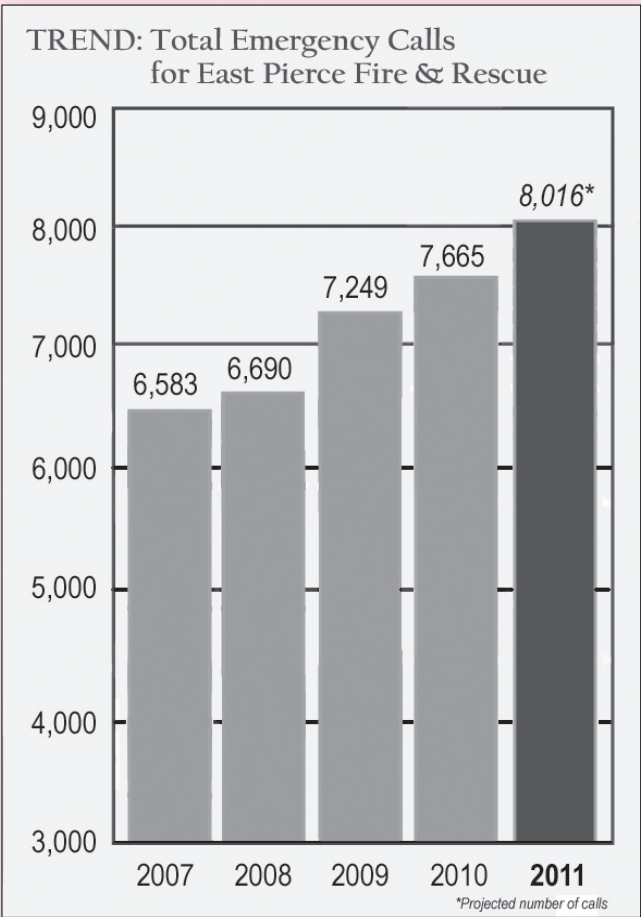
Ambulance transport fees from insurance billing, Medicare and Medicaid payments, provide 8.4% of the total revenues. Miscellaneous grants, interest and surplus sales make up the final 1.5% of the revenues.

Total revenues in 2010 were \$21.7 million, including transfers from the Reserve Fund and money provided as a result of the merger with Edgewood. Total expenses were \$21.3 million.

"We are looking at every expenditure to see if we can postpone it or do it in a more economical way," said East Pierce Fire Chief Jerry E. Thorson. Division chiefs and project managers have been reviewing all areas of the budget to find cost savings.

In addition, the district is considering alternate funding sources. Recently, it received a grant that helped cover the cost of station generators and mobile radios.

"We are also looking at ways of working with neighboring fire departments to share training responsibilities, fleet maintenance and joint purchasing," Thorson said. "But as costs increase, those efforts will only go so far."



In the meantime, the number of emergency calls continue to increase. Year-to-date statistics show a 15.2% increase this year compared to 2010. The projected number of calls for 2011 is estimated at just under 8,000. Based on that estimate, emergency calls will have increased more than 17% in the past five years. ■

## TIPS TO HELP PREVENT HOUSE FIRES

Matches, lighters, and other heat sources are the leading causes of fire-related deaths for children under the age of five. In fact, toddlers actually cause a large number of home fires by playing with lighters and matches. "Children have a natural curiosity about fire," said East Pierce Firefighter Will Poe. "Don't underestimate their ability to strike matches or start a lighter."

Fireproof your home by taking these important safety steps:

- ✓ **Store** matches and lighters out of children's reach and sight, preferably in a locked cabinet.
- ✓ **Teach** toddlers to tell an adult when they find a match or a lighter.
- ✓ **Remember** that even child-resistant lighters are not childproof, and store them safely.
- ✓ **When** a child is curious about fire or has been playing with fire, calmly and firmly explain that matches and lighters are tools for adults to use carefully.
- ✓ **Never** use matches or lighters as amusement. Children may imitate you.
- ✓ **Prevent** fires by practicing and teaching fire safe behaviors in your home. Keep children three feet away from the stove when cooking, don't overload outlets, have your heating systems checked annually and use deep ashtrays and soak the ashes in water, if you smoke.
- ✓ **Make** sure all of the smoke alarms in the home are in working order. Two-thirds of home fires that kill children occur in homes without a working smoke alarm. Families can dramatically increase the chances of surviving a fire simply by installing and maintaining working smoke alarms.

If you have questions about smoke alarms, call us at 253-863-1800. ■



Protect your family by taking the time to fireproof your home, including installing and maintaining smoke alarms.

## Who is East Pierce Fire & Rescue?

East Pierce Fire & Rescue was founded on a strong commitment to customer service. The department's Mission, Vision and Values guide the actions of the department and its employees. Exceptional customer service and a concern for the employees and their families have become hallmarks of our culture.

EPF&R was created when the City of Bonney Lake Fire Department, Lake Tapps Fire and Pierce County Fire District 24 merged in 2000 with the goal of providing a seamless response to emergency situations.

In 2006, voters in Pierce County Fire District 12 and South Prairie Fire District 20 overwhelmingly passed a special election to merge with East Pierce.

Two years later, the citizens of the City of Sumner and Pierce County Fire District 1 also voted to join the East Pierce family.

On February 9, 2010, Edgewood residents voted in favor of merging with East Pierce.

Last April, the Milton City Council voted to join East Pierce, bringing expanded fire, rescue and emergency medical services to their city.

Today, East Pierce serves a population of approximately 87,000 residents living in and around Bonney Lake, Sumner, Lake Tapps, the Ridge Communities, South Prairie, Edgewood, Milton and Wilkeson. The district covers approximately 152 square miles and protects residents from 13 stations – six staffed and six volunteer, and one facility on Lake Tapps for the marine rescue unit.

All full-time firefighters are cross-trained as either emergency medical technicians (EMTs) or paramedics and are able to respond to both medical emergencies and fires.

An independently-elected board of citizens governs the agency. ■

## Commisioners

Rick Kuss, Chair  
Edward Egan  
Karlyne McGinnis  
Victor Proulx  
Raymond Bunk  
Kevin Garling  
Roy "Red" Mendenhall  
Ron Scholz  
Mike Cathey  
Rick Kilbourn  
Dale Mitchell

## Staffed Stations

Station 11	(Headquarters Station) 18421 Old Buckley Hwy, Bonney Lake, 98391 253.863.1800 www.east.piercefire.org
Station 12	12006 - 214th Ave. E., Bonney Lake
Station 13	800 Harrison Street, Sumner
Station 14	3206 W. Tapps Drive E., Bonney Lake
Station 16	10515 - 234th Ave. E., Buckley
Station 18	10105 24th Street East, Edgewood

# HEALTH WATCH: Changes to Cardiac and Stroke Care

## Why it's more important than ever to CALL 9-1-1

For patients who suffer a heart attack, the enemy is time.

"When we talk about heart attacks, we say time is muscle. Every 30 minute delay in treatment – such as opening blocked arteries – the heart muscle is being damaged and the chance of death increases by 15 percent," said East Pierce Assistant Chief Russ McCallion.

As of July 1, Pierce County has implemented a new cardiac and stroke destination protocol designed to get high-risk patients – those suffering a heart attack or stroke – to definitive care as quickly as possible. "The goal is to deliver the right patient, to the right place, in the right amount of time," McCallion said. "Faster care means more lives will be saved."

That's why it's critical for people to recognize when they are having a heart attack. "One of the main problems is that people still wait too long to call 9-1-1," McCallion said. Part of the issue is that the symptoms of a heart attack can vary greatly, ranging from crushing chest pain to a vague feeling similar to indigestion. "Our motto is 'when in doubt, check it out,'" he said.

East Pierce firefighter-paramedics can initiate treatment for patients suffering a heart attack, wirelessly transmit the patient's EKG to the cardiologist at the hospital and notify the hospital to start assembling the catheterization lab team, if needed to perform a procedure to open blocked arteries in the heart.

"For those patients who need to have blocked arteries cleared, it's vitally important they call 9-1-1," McCallion said. Not all hospitals are equipped to perform the necessary procedures. If family members or friends drive a heart attack victim to a hospital that cannot treat them, they have wasted valuable time.

Paramedics make every effort to take patients to the hospital of their choice, as long as the patient is reasonably stable and the hospital has the appropriate treatment facilities.

**STROKES: THE LEADING CAUSE OF DISABILITY IN THE U.S.**

"People who would have been completely disabled from a stroke 20 years ago now have a chance of being successfully treated and living a life with little or no disability – but only if they get treatment within a limited timeframe," McCallion said. "Calling 9-1-1 is critical."

Up to 85% of all strokes are caused by blockages in the brain's arteries. "Clot-busting" drugs can be successful in breaking up the clot and re-establishing blood flow, but the drugs must be given within 3.5 hours after the onset of symptoms. After that, the drug can cause additional side effects.

If someone waits too long to get treatment, a stroke interventionalist can insert wires from the groin into the brain and try to either withdraw the clot or administer medications directly. However, few hospitals offer this treatment. By calling 9-1-1 early, paramedics are able to assess the patient, consult with the physician and determine which hospital is the most appropriate to get the best possible care.

Some people have small warning strokes, called TIAs, that usually last anywhere from a few minutes to a few hours, before a major stroke. The symptoms usually go away, but it's still important to call 9-1-1 and get seen. "A TIA is often a warning," McCallion said. "It provides an opportunity to avoid something more catastrophic."

**NO OUT-OF-POCKET AMBULANCE EXPENSE**

Often people don't call 9-1-1 because they fear an expensive ambulance ride. East Pierce Fire and Rescue provides ambulance transport services with no out-of-pocket costs to patients who live within the district. We bill insurance, Medicaid or Medicare, if the patient is covered, but there is no out-of-pocket expense for any patient, even those with no insurance.

"We want our citizens to have the best possible chance to not only

survive a heart attack or a stroke, but have a complete recovery and a chance at a normal life," McCallion said. "This is an area where we can make a difference." Please call us. You know our number.

**KNOW THE WARNING SIGNS**  
Any one of these symptoms could mean a heart attack or stroke. When in doubt, check it out. CALL 9-1-1.

- HEART ATTACK
- **Chest discomfort** (pressure, crushing pain, tightness, heaviness, cramping, burning, aching sensation), usually in the center of the chest lasting more than a few minutes, or that goes away and comes back
  - **Stomach discomfort**, such as unexplained indigestion, belching, or pain
  - **Shortness of breath** with or without chest discomfort
  - **Nausea, vomiting**, light-headedness or sudden dizziness
  - **Cold sweat**
  - **Radiating pain** or discomfort in one or both arms, neck, jaws, shoulders, or back
  - **Women, diabetics, and elderly patients** might not have chest discomfort or pain. Instead they might have nausea and/or vomiting, back or jaw pain, fatigue or weakness, or generalized complaints.

- STROKE
- **Sudden numbness or weakness** of the face, arm or leg, especially on one side of the body
  - **Sudden confusion**, trouble speaking or understanding
  - **Sudden trouble seeing** in one or both eyes
  - **Sudden trouble walking**, dizziness, loss of balance or coordination
  - **Sudden, severe headache** with no known cause

## East Pierce Classes, Meetings & Public Education

**FREE! TO EAST PIERCE FIRE & RESCUE CITIZENS**  
**CPR 9:00 a.m.–Noon | BASIC FIRST AID 1–4:00 P.M.**  
**FIRE HEADQUARTERS STATION 18421 Old Buckley Hwy, Bonney Lake**  
Aug. 13 or 27 | Sept. 10, 16 or 24 | Oct. 15 or 29 | Nov. 12, 18 or 19

**LIFE JACKET LOANER PROGRAM** Wearer must be present for fitting  
Fire Headquarters Station 18421 Old Buckley Hwy, Bonney Lake

**CHILD SAFETY SEAT INSPECTIONS** Call 253.863.1800 for appointment.  
Our certified child passenger safety technicians will check to make sure your child is in the right seat, your seat is installed correctly and your child is placed in the seat correctly.

**STATION TOURS** Call to arrange a tour of any of our fire stations.

**SMOKE ALARM INSTALLATIONS** Includes smoke alarm with 10-year batteries. Call 253.863.1800 for appointment

**BLOOD PRESSURE CHECKS** Stop by any station during regular business hours. (Subject to staff availability)

**FIRE EXTINGUISHER TRAINING** Learn how to use a fire extinguisher in case of a residential or commercial emergency. Call 253.863.1800 to register

CPR & First Aid classes are free for citizens residing within the jurisdiction of East Pierce Fire & Rescue, including Sumner, Bonney Lake, Lake Tapps, Wilkeson, South Prairie, Milton and Edgewood. The cost for non-residents is \$30 for either a CPR or First Aid class, or \$60 for both. To register, call 253-863-1800 during regular business hours or register online at www.eastpiercefire.org.

**SERVICES OFFERED**

**BICYCLE HELMET SALES AND FITTING\***  
Wearer must be present for custom fitting.  
Helmets are sold for \$7 each. Exact change is appreciated.

**LIFE JACKET SALES AND FITTING\***  
Wearer must be present for custom fitting.  
Life jackets are sold for \$14 each. Exact change is appreciated.

**SAFE SITTER CLASSES** Registration information and class schedules are available at www.eastpiercefire.org. Cost: \$30.

\* Sponsored by East Pierce Professional Firefighters Local 3520